



Wellness **R**ecovery **A**ction **P**lan

WRAP is a guide for recovery.

*Join with others who experience
mental illness, substance use disorders or
co-occurring disorders and learn how to write a
recovery plan focused on wellness.*

Call Connie Hollands at 385-0801
To register & for more information.

Classes start on March 10th!

3143 Magic Hollow Blvd., 2nd Floor

No fee and no residency requirement.